



Life Long Learning provides a wonderful opportunity for growth and intellectual stimulation for mature people. Life Long Learning places an emphasis on idea exchange, peer learning and inclusive participation which is all done in welcoming and supportive learning groups. If you enjoy:

- Taking part in lively exchanges
- Learning more about a variety of topics
- Meeting new people

Then our Life Long Learning program may interest you.

To sign up or for further information please contact the Quebec City Reading Council at 418-681-1258 or email learninglaterinlife@gmail.com.

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Adult and Family Literacy Resource Centre



This initiative has been made possible with funding assistance from Human Resources and Skills Development Canada's New Horizons for Seniors Program.



Human Resources and Skills Development Canada
Ressources humaines et Développement des compétences Canada





How does it work?

Each discussion group will have a moderator who will suggest course subjects, answer your questions and advise you on presentations, resources and other topics. The moderator will be responsible for creating a syllabus, and facilitating each session, though all participants are in charge of their own learning. Participants will be encouraged but not pressured by the moderators to give opinions, and share ideas and anecdotes. Our moderators are also engaged in a joint learning experience.

They may not always be experts on the session topic, but they will have a passion or curiosity which prompted them to choose it.

"The energy of the mind is the essence of life." - Aristotle

Features of Life Long Learning:

- Small group sizes contribute to a relaxed and friendly environment
- No tests or grades
- No homework
- No academic or life experience prerequisites
- Presentations encouraged, but not required

**Audio and visual equipment is available. Assistance to use any of the equipment is also available.

Be part of this new learning experience. Come meet new people, discuss a variety of topics, participate in lively exchanges! Contact the Quebec City Reading Council at 418-681-1258 or by email at learninglaterinlife@gmail.com to register or for further information.