



Voice of English-speaking Québec



## Night-goers

**Night-goers** is back and is in full swing! Join other English-speakers each month for fun and interactive evening activities. These evening activities are meant for social-mingling and social-networking in an informal, supportive, and English-speaking environment. The participant-driven activities are open to all English-speakers living in the Greater Quebec City region.

**Good times. Good cheer. Good company.**

## The Overcomers

This is an open discussion support group aimed to help each one of us find the strength within ourselves to overcome day to day struggles, whatever they may be. Come and enjoy the power of a positive, supportive atmosphere, where you will meet others who are walking the same path and who share the same aspirations.

**\*\*Different discussion topics will be selected each week\*\***

**Meeting Dates: Every second Monday, May 14 & 28 from 7:00 – 9:00 pm**

**At Jeffery Hale Pavilion, Multi-purpose room (1<sup>st</sup> floor), 1270 chemin Sainte-Foy, Québec**

Please **RSVP** to [julia\\_purchase@hotmail.com](mailto:julia_purchase@hotmail.com).

**Cost: No cost, but we reserve the right to ask for a small contribution to help cover the cost of refreshments.**

Parking is available in the hospital lot. A yellow ticket will be distributed for FREE parking.

This **Night-goers** activity is hosted by **Julia Purchase** and **Mariya Zarkova**. If you are interested in hosting a **Night-goers** activity, please contact Kayress dela Cruz, Newcomers Coordinator at [kayress.delacruz@veq.ca](mailto:kayress.delacruz@veq.ca) or by calling 418-683-2366, ext. 225.

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